



Personal Packing List For Olympic National Park Hike and Explore

This packing list is meant to help you decide what to bring and how to pack for your trip. You may not use all of the items on this list but you need to be prepared for a wide variety of conditions. Packing your gear in a small duffel or suitcase is recommended.

CLOTHING, OUTERWEAR AND GEAR:

- Waterproof Jacket & Pants – Must be sturdy to withstand wilderness conditions.
- Pants – 1 -2 pairs of quick drying nylon or other synthetic is best.
- Insulating Tops – 1 heavy sweater or fleece jacket, 1 lighter top made of fleece or wool.
- Long Sleeve Shirt – Lightweight shirt for protection from bugs and sun.
- T-shirts – 2-3 quick drying synthetics are best, cotton is okay.
- Shorts – 1-2 pairs of shorts. At least one pair should be made of quick drying nylon and can double as swimsuit.
- Swimsuit
- Underwear – Enough underwear to keep you happy.
- Hiking Boots – 1 Pair of light-duty boots or outdoor tennis shoes. Be sure they are broken in before the trip.
- Socks – 2-3 Pair of wool or polypropylene are best, cotton will not keep you warm if wet.
- Sun Hat and Warm Hat – One sun to protect from rain and sun. One stocking hat for cool weather.
- Water Bottle – Plastic or metal water bottle or canteen.
- Sunglasses – A sports strap to hold them on is helpful.
- Small Day Pack or Dry Bag – A small day pack or dry bag to carry items you'll need during the day.
- Toiletries – Toothbrush, toothpaste, soap, etc.
- Sunscreen & Lip balm – Make sure it is at least 15 SPF.
- Medications – If losing your meds would cause you great discomfort, consider bringing a second set and giving one to your trip leader as a backup. Store in waterproof containers.
- Insect Repellent – Avoid using aerosol cans.

__ Money – You are responsible for extra meals, maps, souvenirs, etc. while on the road.

OPTIONAL CLOTHING AND EQUIPMENT:

__ Bandanas – 2-3 Bandanas used for a variety of things including marking your bags, washing up, etc.

__ Gloves – One pair of lightweight wool or synthetic.

__ Diary/Book

__ Camera – Store in padded, waterproof/plastic bag or case.

__ Several Plastic Bags – They always come in handy, especially to organize your gear.